

DAFTAR PUSTAKA

- Aroen A., Loken S., Heir S., et al, *Articular cartilage lesions in 993 consecutive knee arthroscopies*. Am J Sports Med.2004;32:211-215.
- Amis, A.A. 2007. Current concept on anatomy and biomechanics of patellar stability. United Kingdom. *Sport Medicine Arthroscopy Revie.*(diunduh 25 Januari 2013). Available from : <http://www.ncbi.nlm.nih.gov/pubmed/17505317>
- Crossley K., Bennell K., Green S., McConnell J., *A systematic review of physical interventions for patellofemoral pain syndrome*, Clin J Sport Med, 2001;11:103-10.
- Chai, Huei-Ming. 2004. “Joint Structure of the Knee Complex”. Dalam <http://www.pt.ntu.edu.tw/hmchai/Kines04/KINlower/Knee.htm>.
- Collins, Natalie., Crossley, Kay., Beller, Elaine., Darnell, Ross., McPoil, Thomas., Vicenzino, Bill., *Foot orthoses and physiotherapy in the treatment of patellofemoral pain syndrome : randomised clinical trial*, doi:10.1136/bmj.a1735 *BMJ* 2008; 337; a1735.
- Dixit S, Difori J P, Burton M, Miner B. 2007. Management of patellofemoral pain syndrome. Amerika. *American Family Phycian.*(diunduh 25 November 2013). Available from: <http://aafp.org/afp/2007/0115/p195.html#afp20070115p194-f3>
- Dolak L. Kimberly., Silkman, Carrie., McKeon M. Jennifer., Hosey G. Robert., Lattermann, Christian., Timothy L., *Hip Strengthening Prior to Functional Exercises Reduces Pain Sooner Than Quadriceps Strengthening in Females With Patellofemoral Pain Syndrome : A Randomized Clinical Trial*, Journal of Orthopaedic & Sports Physical Therapy, 2011;volume 41,number 8,560.
- Ingraham P. 2012. Patellofemoral pain syndrome. Kanada. E-book Patellofemoral pain syndrome. (diunduh 25 januari 2013). Available from : <http://saveyourself.ca/tutorials/patellofemoral-pain-syndrome.php>
- Kaplan L.D., Schurhoff M.R., Selesnick H., Thorpe M., Uribe J.W., *Magnetic resonance imaging of the knee in asymptomatic professional basketball players : Arthroscopy*, 2005;21:557-561.
- Kase, K. Wallis, J. Kase, T. 2003. *Clinical therapeutic applications of the kinesiotopeing method 2nd edition*. Jepang. Ken Ikai Co

- Lankhorst E. Nienke., Bierma-Zeinstra S.M., Van Middelkoop M., *Risk Factors for Patellofemoral Pain Syndrome: A Systematic Review*, Journal of Orthopaedic & Sports Physical Therapy, 2012;volume 42,number 2,81.
- Lowri C D, Clealand J A, Dyke K. 2008, Management of patient with patellofemoral pain syndrome using a multimodal approach:A case series. Journal orthopedic and sport physical therapy. (diunduh 24 januari 2013). Available from : <http://www.ncbi.nlm.nih.gov/pubmed/18978450>
- Mohr K.J., Kvitne R.S., Pink M.M., Fideler B., Perry J., *Electromyography of the quadriceps in patellofemoral pain with patellar subluxation*, Clin Orthop Relat Res. 2003;261-271, available at <http://dx.doi.org/10.1097/01.blo.0000093918.26658.6a>.
- Maclean, Eric. "A Theoretical Review of Patello-Femoral Pain Syndrome Etiology and an 12-Week Rehabilitation based Exercise Prescription". Dalam www.mikereinold.com/2009/06/biomechanics-of-patellofemoral.html.
- Naslund, Jan, *Patellofemoral Pain Syndrome Clinical and Pathophysiological Considerations*, Thesis, Stockholm : Karolinska University Press, 2006.
- Prentice, William E., *Rehabilitation Techniques For Sports Medicine and Athletic Training, 4th Edition*, New York : McGraw Hill, 2004.
- Sra, A. Ba, T. Oo, J. 2008. Comparison Of Bilateral Quadriceps Angle In Asymptomatic And Symptomatic Males With Unilateral Anterior Knee Pain. *The Internet Journal of Pain, Symptom Control and Palliative Care*. Volume 6 Number 1. DOI: 10.5580/b99. Internet Scientific publication. (diunduh 26 november 2013).
- Slupik A, Dwornik M, Bialoszewski D, Zych E. 2007. Effect of kinesiio taping on bioelectrical activity of vastus medialis muscle. Preliminary report. *Ortopedia traumatologi rehabilitica*. (diunduh 8 november 2013). Available from : <http://www.ncbi.nlm.nih.gov/pubmed/18227756>
- Thelen M D, Dauber J A, Stoneman P D. 2008. The clinical efficacy of kinesiio tape for shoulder pain : a randomized, double blinded, Clinical trial. *J Orthop sport PhysTer*.
- Taunton J.E., Ryan M.B., Clement D.B., McKenzie D.C., Lloyd-Smith D.R., Zumbo B.D., *A retrospective case-control analysis of 2002 running injuries*, Br J Sports Med 2002;36:95-101.

Woolf C.J, *Pain : moving from symptom control toward mechanism-specific pharmacologic management*. Ann Intern Med, 2004;140:441-51.

Waryasz. G.R, McDermott, A.Y. 2008. Patellofemoral pain syndrome (PFPS): a systematic review of anatomy and potentials risk factors. USA. *Dynamic Medicine*. (di unduh 25 Januari 2013). Available from :
<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2443365/>

Williams, Lippincott & Wilkins. 2007. “Basic Science of the Knee”. Dalam <http://www.msdlatinamerica.com/ebooks/PracticalOrthopaedicSportsMedicineArthrocopy/sid444084.html>.